



FEBRUARY 2024

Over \$20k raised at 2024 Tinopai fishing competition

Organisers of the annual Tinopai fishing competition are overwhelmed by the level of local community support in raising more than \$20,000 for Tinopai School over the weekend, with contestants coming from as far as Dunedin and Australia to support the cause.

Tinopai School Board Chair Erana Fenton hopes the figure will rise when the final count is done but says regardless, the money will go a long way to helping students learn more in the outdoors.

“The majority of support of the competition has come from locals and there have been plenty of big cash donations to help out, which we are so grateful for,” says Erana.

In total, 361 people aboard 125 vessels took part in the inner and outer harbour snapper fishing contest and well over 50 children attempted to hook the biggest sprat, with Tinopai School’s Isis Henare-Toka (12) making the winner’s podium.

David Peters landed the heaviest inner harbour snapper with a specimen just over 5kg and Andre Jebbink was the outer harbour winner with a 6.65kg snapper.

Hundreds of people attended the prize giving and family-friendly festivities while Ngā Tai Whakarongoru a Marae provided the preparation space for 350 delicious hangi meals.

A huge thank you to the sponsors, supporters, volunteers, school community, friends and whānau who contributed to the success.

“With only a few weeks to organise this event, we want to take it to the next level in 2025, so we’ll be updating our Facebook throughout this year with images and stories of what the funds are going towards to help expand the learning of our tamariki,” says Erana.

Kaipara Moana Remediation Pou Tātaki Justine Daw, says her team was thrilled to take part in the day, having sponsored the competition for the first time.

“Erana and her team did an amazing job in making it such a lovely day and our team enjoyed being part of it,” says Justine.

“It was great seeing all the children having a go at the sprat competition because the event is as much about raising money to provide tamariki with additional educational opportunities as it is to raise awareness of the need for us all to play our part in helping improve the mauri of the Kaipara Moana.

The Kaipara is environmentally and culturally important. It also has unique national importance as the ‘nursery’ for much of New Zealand’s snapper fishery.

Snapper is New Zealand’s top commercial



\$1000 Cash Draw Winner - Walton Edwards with contest organisers Erana Fenton, Kristeen Prangley & Pearl Cleaver

inshore fisheries catch, creating high-value export revenues and contributing close to \$70m to the economy, and over 550 jobs every year.

Decades of siltation and sedimentation from the land have put the harbour and the snapper fishery at risk, which is why KMR is working hard to work with landowners and groups to protect and restore the harbour, by fencing off and planting waterways and erodible hillsides, restoring wetlands and regenerating native bush, says Justine.

See p4 for more information about KMR. Steve Macmillan



Inner Harbour Snapper winners: 3rd Wayne Peters, 1st David Peters & 2nd Kaden Peters



Kid’s spot prize winner, Sue-Erana Fisher



Kid’s Sprat Contest winners

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Paparooa Press PP

PUBLISHED MONTHLY BY
Progressive Paparooa Inc. (PPI),
for Paparooa, Pahi, Matakoho,
Whakapirau and Tinopai.

CIRCULATION 1,050

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ADVERTISING

Rate Card available by email
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15th of month

Publication date 1st Wed of month



Council Mark says -

Never mind the rates increase, what about the district property revaluations?

In addition to the uncertainty created by the changes to the Three Waters as promised by the new Government, a revaluation of all the properties in the district has taken place which will have an impact on the portion of rates that individual ratepayers will get to pay.

You are probably aware that a significant chunk of the rates which people pay relates to the value of the land they own. The rates bill also includes uniform annual charges (the same amount for everyone) and special rates charged for specific services such as water - the more of the public water supply you use, the more you will pay. Last year just over half of KDC's income was from rates and a further third was from grants and subsidies, and the balance from activity income, contributions and investments.

By law, property values are updated every three years to take account of changes in the property market. If you are a property owner you will soon receive notification of

your new valuation. Here's my attempt to explain the implications of this:

Firstly, just because the land value of your property has increased since last time does not automatically mean that your rates will go up. A change in property values does not change the amount the council needs to collect to fund its activities; what it does affect is how the rates burden is distributed. You should compare the percentage increase in the value of your land with the average increase across the district. In the unlikely event of a 0% rates increase, the properties which have had an above-average land value increase would be liable for more rates, just as the properties with less than the average land value increase would be liable for less rates. That's the same amount of jam, just spread differently. Adding in a rates increase makes the calculation

more complicated, but to find clarity, focus on the percentage increase in the land value of your property in relation to the average increase in land values across the district, then as a separate step look at the impact of the rate-in-the-dollar which will be struck by the council later in the middle of the year.

I see rates as a form of property tax (apart from specific targeted rates such as water and sewerage), and as a blunt tool which will inevitably result in inequities for some people. Multiple reviews have yet to provide an alternative which is acceptable to both central and local government.

Enjoy the sunshine while it lasts.

Mark Vincent
Otamatea Ward Councillor
021 0829 8037

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A reminder to our contributors!

We need all advertising material by the 15th of the previous month and all editorial copy by the 20th. We cannot guarantee the publication of any material received after these dates.

While we always welcome editorial content we reserve the right to decline or hold over any articles outside our regular columns.

Opinions expressed in Paparooa Press are the author's own and not necessarily those of the editorial team or PPI.

Community Radio

Paparoa Beats, at 88.3fm, is a new community radio station based right here in Paparoa. The purpose of Paparoa Beats is to provide a platform for those in the community who might want to play their own tunes. As opposed to commercial radio, which tries to play to an audience and attempts to make a profit, the idea here for our little project is to play whatever you want, and advertise local events. In this way it is a "Beautiful Resistance" to the mainstream.

Paparoa Beats is also online at paparoabeats.radio12345.com

We are still working on microphones to create a more 'live to air' feel, but if you have a desire to play some tunes, you can contact us on paparoabeats@gmail.com.

Music Schedule

Mane Evenings: A little bit Country. (Country, Acoustic...)

Tūrei Evenings: Skuxx for Life. (Hip Hop Based)

Wenerei Evenings: On the Road. (Jazz and Funk)

Tāite Evenings: NZ Flavour. (Everything kiwi)

Paraire Evenings: Twisted Melon. (Reggae, dub, Jamaican)

Hatarei Evenings: Whiskey in the Car Bro. (Rock)

Hanarei Evenings: I C the Music. (Electronic, Dance, Ambient)

All other times... an assorted, eclectic mix of 'killers not fillers'.

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AT THE SPORTS PAVILION



Paparoa Farmers Market Paid helpers needed

Traffic Management: The Market is in need of people to help out with traffic management. This is a paid role and some assistance may be available for people who want to upgrade their traffic management qualifications.

Ideally we would like someone with some traffic management qualifications, who is physically fit, and who can back a trailer with ease. The work involves one hour from 7:30 and one hour from 11:30 on Saturday mornings onsite, with offsite supervision in between.

We would like to have enough people available so that no one needs to work more than 1-2 Saturdays a month.



Market Manager: The Market is also looking for someone (or more than one) to take on the role of Market Manager. This is a paid role and you need to be physically fit, organised and good at working with other people.

There are early starts for onsite work on Saturday mornings, and some time is needed during the week for planning the market and managing stallholder enquiries.

We would ideally like to have more than one person available in this role, to job share, so that no one has to work every Saturday.

Please contact Linda at activator@paparoa.org.nz or on 021362468 for more information about either of these roles.

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Volunteers needed for Paparooa Community Library

The library is a wonderful asset for our community, tucked in behind the medical centre and open for two hours every day except Sunday.

It is run entirely by volunteers from our community who donate an hour or two of their time each week, fortnight or month to keep the library open.

We are always looking for more volunteers to share the work with us. **Right now we particularly need people who could spare an hour or two on a Saturday.** We

would like to be able to keep the library open for people who work during the week and rely on our weekend hours for their library fix.

If you are interested in helping out, please contact us at

paparoolibrary@gmail.com or on 021 36 2468.

The Library will also be looking for a new volunteer manager in February. If you are interested please email us at paparoolibrary@gmail.com.

The library is so much more than just books - use the website kaipara.kotui.org.nz to check our catalogue



of Ebooks, video and audio material, and the Tutu collection of things. We can get anything that is in any of the five libraries in the Kaipara brought to your nearest library for collection.

Linda

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What is KMR?



The Kaipara Moana Remediation Programme was established in 2020 when the Ministry for the Environment, Ngā Maunga Whakahii o Kaipara, Te Rūnanga o Ngāti Whātua, Te Uri o Hau, Northland Regional Council and Auckland Council signed a Memorandum of Understanding.

The programme aims to halve the level of sedimentation flowing into the Kaipara Moana by investing in projects to protect and restore the harbour.

While KMR's focus is on sediment, the projects we invest in - to restore wetlands, fence off rivers and streams, plant trees and regenerate forest on erosion-prone land - also bring wider benefits. These include helping valued species to thrive, reducing climate change risks and increasing resilience to storms and other extreme weather.

The Kaipara Moana is the largest harbour in the Southern Hemisphere, home to rare and threatened species and habitats. The harbour has major economic value as the breeding ground for New Zealand's snapper fishery. However, high sediment levels have put this at risk.

Funded by the Ministry for the Environment, Northland Regional Council and Auckland Council, KMR supports landowners across the 600,000-hectare catchment to protect and restore waterways and retire eroding hillsides.

As a Jobs for Nature investment, KMR also supports local, nature-based employment, training and accreditation. KMR is now supporting nearly half of the landowners in the catchment to take action to protect waterways, strengthen climate and flood resilience, and increase local habitats and biodiversity.

Thanks to KMR, by the end of 2023, more than 1.36 million plants were in the ground, or contracted to plant in the Kaipara Moana catchment.

Steve Macmillan

At the market

In recent years the Farmers Market has widened its criteria somewhat to include locally produced crafts, and one of the first examples of this was Jane Hambly, who trades as Paper Goodness.

Jane is an artist and 3D Paper crafter who produces beautiful and intricate paper boxes, journals and cards, as well as water colour paintings.

Jane is originally from the north of England but made her home in New Zealand some 37 years ago. For the last 25 years prior to coming north, Jane was a hair stylist in Auckland. When Jane, Grant and family decided they were ready for a different lifestyle they started looking around the north and fell in love with Paparoa and its community.

Three years ago they were able to purchase the old Medical Centre up near the

original Maternity hospital and are enjoying working away on improving the house and garden.

Jane's presence at the market is a bit weather dependent, as with paper products too much wind can make displaying her wares pretty difficult! She loves the social aspect of the market, and the fact that it is local - no need to travel to Mangawhai or further afield. She says, "The community has been really welcoming, even when you tell them you came from Auckland!"

Jane is an accomplished water colour painter and during the week she works as a Teacher

Aide at Matakoho School where she particularly enjoys helping the students with their artwork. Make sure you say hi to Jane when you're next at the market and pick up some of her wonderful papercraft and hand made cards. Alternatively you can contact Jane at hamblygj@icloud.com.

Pete



Pet food store opens in Maungaturoto

Bob & Ben The Petfood Men stocks raw food - minces, chunks, bones, rolls - plus quality kibble, such as Acres, Addiction, BlackHawk, Hills and Animals Like Us.

To keep dogs and cats entertained, they have treats, chews and toys. They also sell food for other pets: birds, rabbits, guinea pigs, chickens, ducks, fish and reptiles.

The shop is open Wednesday to Friday, from 10am to 3pm, at 157 Hurdall Street, Maungaturoto. Their online store is open 24/7 and has a convenient 'click and collect' service for pick up in Maungaturoto.

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Maungatūroto and Districts Primary School 150th Jubilee

Maungatūroto Primary School will be celebrating their 150th Jubilee on Saturday, 19th of October 2024. This is also their annual Pet and Flower Show Day.

Past and present staff and students are invited to join them, reminisce and catch up with old friends whilst enjoying this school event.

A powhiri will be held at 10am followed by a performance by their Kapa Haka Roopu, cake cutting and speeches.

Guests will then be invited to tour the classrooms, have decade photos, and pick up registration packs.

A dinner will be held on Saturday evening at the Maungatūroto Country Club with the bar opening at 5pm. Due to



venue restrictions, numbers will be restricted to 250 people for the dinner/dance.

Registrations are open now and can be made by scanning the QR code, picking up a registration form from the

school office, or visiting the school website: www.maungaturoto.school.nz. You can also email jubilee@maungaturoto.school.nz, or look up the Maungatūroto Primary School 150th Jubilee page on Facebook.

PP

Ceremony of Ease - Cacao and Yin Yoga workshop

Saturday 24th 1.30 - 4.30pm at Paparooa Sports Pavilion.

Cacao is one of the most sacred super foods of the world, known and used for centuries by many communities in central and south America for its power to open and heal the heart, and offers many other health benefits to the body.

This workshop will create a sacred space for exploration, healing, liberation and empowerment of the self. In combination with Yin Yoga, we can begin to transcend many of our limiting thoughts and beliefs, finding our essence and true purpose.

What we need is less judgement and more safe

spaces to process what's going on in our life. This will be a space for us to let go of holding ourselves together and pretending all is ok.

Learn to meditate and breathe in order to restore, relax, rebalance, reconnect and remember.

The cost is \$80 and bookings can be made by emailing gilly.p211@gmail.com or ph 021 0825 9607.

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Letters from The Old Post Office...

Dear, Dear Readers. I still appear to be here, although in this day and age of artificial this and virtual that, perhaps I am only some pale shadow that forever hovers on the edge of your sanity. Or in the words of T.S Elliot "Between the vision and the act lies the shadow."

And so, to the point I meander. Having trouble peering through the shadows I can just dimly perceive the act. (Note to self, best not to have two glasses of some unnamed homemade vintage before sitting at the laptop. Somehow, I feel that the gorse-flower champagne may not have come from the best House.)

However, the point is, Dear Reader, that in the midst of the humdrum, the tragedies, that virtual body the Inland Revenue, leaking header tanks, unplastered walls, there can be moments of joy. Well, vague amusement. We do not want to leap about in undisciplined abandonment, although it would bring merriment to my heart to see certain members of the community leaping about in unbridled abandonment. Particularly if I was in charge of the weapon.

I thought I would mention

some of those moments of joy, just so that you too may enjoy. Feel free to add your own.

Joyous moment number one: Being given a tip (monetary) by a Scots guest. Ironic, n'est-ce pas?

Joyous moment number two: The plumber's bill was less than feared.

Joyous moment number three: Having my grandson take my hand so that I could lead him to the "miaow, miaow." (My heart melted. A surprise to all, I know.) However, those of you who know Timothy will understand this would only lead to disappointment.

Ka kite and I will leave you all with these joyous thoughts:

But once in a while the odd thing happens

Once in a while the dream comes true

And the whole pattern of life is altered

O dear Heaven,



Once in a while, the moon turns blue

W.H. Auden

Come Fairies, take me out of this dull world, for I would ride with you upon the wind and dance upon the mountains like a flame!

W.B. Yeats

Deb

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Just another day at the office

"At the end of the day it's just another day at the office." Ho hum!

Omit that word "just". For another day at the office is another day living. Another day breathing in and out, another day when the heart pumps life around our body, even our toenails, skin and hair feel the benefit. Everything changes in a day, even one at the office. And anything can happen in a day.

Every establishment needs an "office" even if it's just a computer out the back of the shop or the spare room at home. The home, the business, the country, can't run without the office keeping everything in order. It is truly the heart, the core. Sunlight can beam through the office windows, or raindrops meander down the glass. Traffic sounds, birdsong, lawn mowers,

radios, phones, voices, may penetrate the work space, annoyingly or welcomingly letting you know that life goes on outside the office as well as within its walls. The tea trolley, the hot water zip, the hum of equipment, your swivelly chair squeaking every time you move, familiar sounds keeping you company whether you work alone or surrounded by workmates. Those same workmates have different stories every day; happy, sad, romantic - births, deaths, marriages. All of life's many facets, happening around you all the time.

There doesn't need to be anything mundane or boring about the much maligned office. And, after all, at the end of the day it's night!

A.B.

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Creative Communities Scheme - Arts Fund**2024 funding dates**

Round one applications open on 01 February 2024 and close at 4.30pm on 01 March 2024.
Round two applications open on 01 July 2024 and close at 4.30pm on 31 July 2024.

The Creative Communities Scheme provides funding for communities to be involved in local arts activities. The funding supports a wide range of arts projects. Read the Creative Communities Scheme Application Guide to see if your project is able to be funded and how to make an application.

Projects applying for Creative Communities Scheme funding must meet one or more of the following criteria:

Access and Participation - the project will create opportunities for local communities to engage with and participate in local arts activities

Diversity - the project will support the diverse artistic, cultural traditions of local communities

Young people - the project will enable young people (under 18) to engage with and participate in the arts

How to apply:

Applications can be made via the Kaipara District Council website - just type "Creative Communities" into the search bar. If you have any questions, contact us at grants@kaipara.govt.nz

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SHOPPING THAT'S TWICE AS REWARDING.

**Pest Free Peninsulas Kaipara**

There has been another year of successful trapping on local peninsulas, despite the weather challenges.

As a result there has been bittern booming (breeding) recorded on Hukatere (NRC monitoring) and a small population of kaka possibly reestablished on Pahi with 52 sightings since April 2023.

2024 will be their 8th year operating so if you want to get involved in their community trapping in Tinopai, Petley, Pahi, Paparooa, Te Pahi and Whakapirau, email Shaun on pestfreekaipara@gmail.com.

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BOOKS AND BOOKCLUBS

How is your summer going? I have spent mine tramping around New Zealand from Ninety Mile Beach to Stewart Island, with a couple of excursions to Nepal and Antarctica- from the comfort of my armchair of course. I have "Gone Bush" with Paul Kilgour, a non-fiction autobiography for those who love the great outdoors. He quotes a poem by Max Polglaze:

"My heart is in the valley of a thousand memories,
Of campfire nights and sun-drenched days and tall majestic trees.
Of sparkling crystal waters and birdsong on the rise,
In the fair and lovely country of this bushland paradise."

Says it all, I think. A wonderful read and sound advice for life, "One step at a time is really good walking."

Embla books, under the umbrella of Bonnier, only publishes e-books, so you can only find them online. A shame, because "The Vanishing of Margaret Small," by Neil Alexander deserves to be available across all fields. Charmingly narrated by the fictional Margaret Small, she tells of her childhood when she was "vanished" to a children's hospital along with others considered best unseen to the rest of society. A heart-wrenching insight into the dark ages of the 50s and 60s, until more enlightened times meant she could live independently with the support of a care person. Because it is seen through her eyes we don't really know what is going on until we are well into her story. Sad, warm, rather lovely.

"Goodnight Stories for Rebel Girls," by Elena Favilli and Francesca Cavallo is aimed at maybe 7-12yr-olds, but I found it in the adult non-fiction 920.72 section. One hundred one-page stories of heroic women throughout history, written in fairytale style, with artwork on the facing pages also by women from around the world, and quotes from yet more famous women. Unashamedly feminist, "the anti-princess picture book little girls (and you) need." At the same time an encyclopaedia of history, beautifully illustrated for all to read.

BUT - my absolutely best read so far this year has got to be "Pet" by New Zealand author Catherine Chidgey. I have not come across her before, but you may have, as she has written several books. Available from Kaipara

Libraries in print as well as e-books, but you might have to put it on hold. This is literally un-put-downable. I read it in two sittings, but only because there was somewhere else I had to be in the middle of it. Once into it I couldn't stop for anything, not even to eat (well, I did have to go to the toilet) but Catherine Chidgey has to be the best suspense writer of all time, she keeps us waiting for the axe to fall, page after page, chapter after chapter, and we just have to keep going. Reading it was like an addiction! The main character looks after her aging father in an Auckland Rest Home, and remembers back to her Intermediate school days in Wellington when she was the teacher's Pet. Innocuous? Don't you believe it. So very Kiwi, so very relatable, so very gripping. A great one for your Bookclub to discuss once you have all read it. It has a satisfactory ending (I hate endings that leave us hanging) but there are a few question marks. I would love to be a fly on the wall of any Bookclub discussing this one. Enjoy!

Anne Bate



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GROW WHAKATIPU Paparooa Inc

Thanks to KMR, The gardens have been looking amazing these past couple of months. We are back to our regular summer hours of Thursday/Friday 8-12 and harvest on a Sunday 8-11am and it's fantastic to see the produce heading to our local foodbanks again after the Christmas break. We have been working hard to get our tomatoes ready for our upcoming Passata Day (10th Feb!) which we are super excited about! If you haven't booked a spot to put your excess tomatoes through the machines then do it now! Contact Jan on 021431724 to make a booking for passata making or to just come and have a lovely lunch with us and enjoy the atmosphere on the day. No entrance fee but a koha, if possible, is appreciated for the event.

It has been a couple of months since we reopened Aladdin's Cave, our secondhand shop, and we'd like to thank all those who have supported us in that time. All proceeds go back into our community garden and enable us to do what we do.

If you have donations of goods that you would like to drop off please do so during our opening hours of 9am to 1pm on a Saturday morning. Aladdin's Cave is the garage you can see just past north of the entrance to Paparooa Sports Grounds on highway 12. At present we are unable to take books but we are very happy to take women's and children's clothing in good clean condition.

Our final piece of news for this month was that we had a new 10,000 litre water tank installed so we can make the most of our new garage for water collection. We are very grateful to Paparooa County Depot Trust for their help with the purchase, as well as Matt Hau and Gary Armstrong for their help and the use of their machinery to install the tank. Thank you to all involved!

Katie Fullerton



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Paparooa Community Library



Opening hours:

Monday & Wednesday 2pm - 4pm
Tuesday & Friday 11am - 1pm
Thursday 11.30am - 1.30pm
Saturday 10am - 12midday

Out of hours books can be returned to the returns box inside the door to the right at Skelton's Drapery

Paparooa Library Manager
09 431 7555 (During library hours)

Paparoa Pride 2024 Dance party - 7pm til midnight

We are excited to be announcing that the Paparoa Pride event for 2024 is on the 17th February at the Paparoa Sports Pavilion. The first Paparoa Pride was in 2021, the second in 2023 and this year will be the third.

This year it's a bit different to last year- an evening event with an exciting night of drag queens and kings, entertainment from local musicians and a DJ for a dance party to celebrate the diversity of our region.

Come and join us! Bring a plate to share and \$5 for the door charge. Note cash only- there is no EFTPOS on the night. Non alcoholic drinks will be on sale.

A fantastic line up of entertainers! We are excited to have both Hugo Grrrl, a Drag King and winner of House of Drag, comedian and cabaret producer, as well as Miss Kerry Berry, a regular performer and Showgirl at Caluzzi Cabaret, on the entertainment line up for the night. We will also have local drag act Victor E Dance- King of the 'rei (from Whangarei). There will also be a local blues band, Slightly Blue, and a DJ later until midnight.

This is a wonderful opportunity for people to get together from across Te Tai Tokerau to celebrate the diversity, richness and creativity of our region and its LGBTi+ community. It's going to be a party not to be missed!

For further information go to Paparoa Pride 2024 on Facebook.



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Quiz Time!!

This month's questions are:

1. When can you hear NZ Flavour?
2. Name 2 salespeople at First National.
3. What book did Neil Alexander write?
4. Where does Tessa Laurence work?



Email your answers, with Quiz in the subject line, to: press@paparoa.org.nz

Last month's answers were:

1. \$40
2. Trevor at Tinopai Plasterers
3. There were several possibilities
4. Books@Ruawai

Thank you to everyone who entered...
and the winner is - **Rylee Jensen (age 9)**

Thanks to the generosity of Robyn at **Skelton's Drapery**, we will have a king size bar of chocolate up for grabs each month.

The winner will be drawn at the end of each month and notified by email.

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Maungaturoto and Districts Rotary

The Rotary year has started well for us with a very enjoyable BBQ at President Babe's (and Val's) home in Paparooa. We were very fortunate that the evening was perfect and the bush around us ensured that we were treated to a variety of bird noises. As is usually the case with potluck meals, there was a wide variety of salads and desserts on hand. We all had a chance to catch up on happenings over the holiday period.

At our final meeting for 2023, we were able to welcome a number of community members, including the Principal of Otamatea High School and the Paparooa Lions President. We were privileged to have our joint President Scholarship winners (Gabiella and Teina Seager) talk to us and present images of some of the projects they have completed during the course of their studies. Both of these young ladies went to Otamatea (five years apart) and both have chosen courses in which they can make the best use of their creativity skills. Gabiella showed us an animated film called Flour Power and Teina showed us how she constructed 3D models, using a variety of textures and use of space. Both of these young ladies showed what can be achieved on leaving school, and it would seem that both are on the path to becoming life-long learners, being adaptable to changing circumstances. They will both receive \$1,000 to go towards their future studies.

While as a Club we have provided fundraising opportunities (for the Duke of Edinburgh (DOE) and netball groups in catering for our meetings, we have also provided financial support to both DOE and William Pike Challenge programmes. The school has been very fortunate to have the dedication of Robyn Bruce (for 18 years) to provide the DOE programme. However, we are now looking at other ways in which we can engage senior youth at the High School. There is some thought being given to establishing an Interact Club (Rotary International's service club for young people), which is specifically for senior school students.

Driver mentoring has taken a break during the statutory holidays. We are very grateful for the mentors we have on hand and the support we receive from Roadsafte Northland and People Potential. However, our numbers are limited so if you believe you might be able to help us in assisting people to get their restricted licence, please get in touch with me (021 142 0357). We have an automatic car which we use, and there is no cost to participants – apart from the cost of their licence. Mentors can choose to be available on only one specific day, if that works best for them.

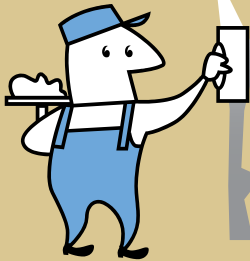
If you haven't booked your ticket for the McSweeney Brothers Irish Band on Saturday, 23rd March, you can do so by emailing: Maungaturotocountryclub@gmail.com. Tickets are \$25 per person. This is an evening not to be missed.

Eileen Parsons 021 142 0357
Maungaturoto & Districts Rotary Club



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Sleep - naps for all

Antarctic Chin Strap Penguins that have to continually watch their vulnerable eggs and chicks take 4 second power naps so they can keep a constant watch. These power naps can rack up to 11 hours sleep a day. Eggs take about 37 days to hatch, so that's a lot of power napping.

Elephant seals take short naps as they dive.

Bottlenose dolphins have a different technique, as they sleep with only one half of their brain at a time.

Frigate birds have a similar technique.

Elephants only sleep 2 hours a day.

Many domestic cats sleep at least 12 hours a day.

I suspect that new Mums sleep a bit like bottle nosed dolphins?

The only constant is that we all need sleep, but the need varies from 2 hours a day to 20 hours a day.

Stella



Happy Happy New Year to all our customers, both locals and travellers. You are keeping us busy, as indicated by the gaps that are appearing on the walls that have to be quickly filled with more art works. This is definitely not a complaint. Keep us on our toes. The Christmas fairy lights have been removed and we are looking forward to summer visitors searching for that special something to take home. Also, Easter will be here before we know it. A little Easter themed gift is much healthier than chocolate and a gift lasts longer too. Just saying! Is there an article you would like made to order? Any time of the year. Maybe a painting of a native bird or a quilted item or an individual birthday present. Ask at the desk. We can pass your request on to an artist skilled in that area. Look for our stall on March 16th, 2024 at the Ruawai Primary School as part of the Ruawai Community Events festival. We will be displaying and selling our work as well as answering your questions about our Gallery. There will be forms available for interested new members and general flyers about us. Geraldine Jenkins will be doing live flax weaving on the day. Our aim is to foster creativity within the Kaipara community by offering space for creatives to exhibit their work. Other ways we are fostering creativity are with workshops, and having a presence at community events. White Rock Gallery members look forward to seeing you soon.

Next to the Kauri Museum, open 7 days 10am to 4pm.

Our flax-weaving workshop advertised for 9th to 11th February has been postponed until later in the year.

White Rock Gallery Committee

Kerbside recycling changes

Aerosol cans and aluminium foil or foil trays are no longer on the list for kerbside recycling collections in Kaipara district.

From 1 February, the government is standardising kerbside recycling across the country. This change aims to reduce contaminants in recycling, reduce the amount of waste going to landfill and increase material being recycled overall.

The only items now accepted in recycling bags are:

- Plastic bottles, trays and containers marked with recycling symbols 1, 2 or 5 ONLY
- Glass bottles and jars
- Paper and cardboard (including pizza boxes with food scraps removed)
- Aluminium and steel tins and cans

Make sure recycling is clean

and remove any lids, caps or bottle tops before placing containers into your kerbside recycling bag.

Find out more information about recycling in Kaipara on the Recycling page of our website.

Read more about the changes to standardise household recycling on the Ministry for the Environment website.

KDC



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Science Corner



Some weird facts?

1. The Great Wall of China was constructed from mortar made with a sticky rice soup mixed with slaked lime. This made a much more water-resistant mortar, which in turn made the wall, pagodas and tombs more durable than would otherwise have been the case.
2. Scrabble, in the 1980s was considered a "subversive evil game" and was banned in Romania. (Maybe because the person banning it lost when he played it?)
3. The emu is the only bird with a calf muscle. Technically the lower part of a bird's leg is their foot and toes - sort of like ours but very stretched out. No wonder emus can run so fast!
4. Most aeroplanes are painted white - according to the TV programme QI because white paint is lighter as it contains less pigment and saves the airline lots of money in flight costs - but after researching a little on line there is disagreement about this. Other experts are

saying that aeroplanes are painted white (mostly) because it reflects sunlight and minimises the damage from radiation during flight.

5. Who farts in the animal world?

Fish farts - Bolson pupfish eats algae and sometimes eats a few of the gas bubbles so needs to get rid of the gas otherwise they will float to the surface and get eaten by birds.



Manatees use farts as a swimming mechanism. Without a special pouch in their intestines to hold the gas they would sink - so they control their water depth by farting when they want to go deeper or let it build up to go to the surface. Constipation could be life threatening!

Insects like termites fart a lot - half a microgram of methane gas a day - which doesn't sound like much until you realise that each colony is made up of millions of individuals and they exist all over the world.

Nasty fart! The bearded lacewing insect uses farts to paralyse their termite prey.

Birds, octopuses and sea creatures like sea anemones don't fart.

Stella

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They walk among us...

The people too stupid, or lazy, or both, to just put their rubbish in a blue bag. How hard can it be?

Well, given the number of people who, over the past few months, have been dumping black bags at the pick-up points (and other places) it seems like it's just a bit too hard.

One has been there for over a week and three more appeared overnight, the day after rubbish day. They have the official bag, which

is smaller, tied around the top in the hope that that's enough. Well it's not.

Come on people. These bags will not be picked up by Kaipara Refuse but the council will and then look for something in there to identify you. In the meantime they'll probably be ripped open by animals. How about doing the right thing.



From our family to yours

Dream Clean

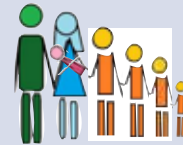
Sitting down to write, a welcome reprieve from cleaning a fridge. One of those jobs that is so satisfying - when complete. But in the midst - a treacherous line between contemplating abandoning it midway, questioning the motives of undertaking such a project in the first place and a tiny voice of reason that calls - just finish the dang job! It's not that hard!!

I saw a wonderful meme the other day (oddly wondering for a moment why it's not spelt meem, to avoid the embarrassment of pronouncing it a mee-mee) that brings such delightful domestic jobs into full perspective. Most of the world doesn't have the access to these appliances in the first place; we live in a privileged and comfortable country to say the least.

Having a fridge to clean, means I have access to cold food, a place to store cooked food and power to run such a thing. Having an oven to clean means I have a place to cook food for my family. Having a floor to vacuum means I have an indoor space kept dry from the elements. Having washing to clean and dry means my children have clothes to wear. Having a toilet and bathroom to clean means we have access to indoor plumbing, sanitation and a shower that a vast majority of the earth do not have access to. Cleaning my car - well, I have a car!

It's not the first time I would be writing about taking an attitude of gratitude, but honestly - just clean the fridge already.

Jenny



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SATURDAY 17 FEBRUARY 2024
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**TOKAFEST
2024**

This is the 11th year of this small, grass-roots music and arts event with original local and international performers ranging from folk, indie, rock, through to hip hop, DJs and circus!! Acts include Awal, Bob Hillary (UK), Caine Mitchell, Coda Muso, D Sousa, Faceless, Improv Mob, Kotare, Maima, Laynos, Olly Know, Ready, Set!, Slip, Socially Awkward, Tipas, Topaz, Tribal Fire, TT Henare.

Generously funded by Creative Communities NZ and held at a country pub at the foot of the legendary mountain peak Tokatoka, on the banks of the historic Northern Wairoa River, it is a community inspired, relaxed, fun and intimate event!

There is a courtesy van provided thanks to the Kaipara Maori Wardens to get you home safely, and camping available just 3kms down the road.

Family friendly- \$20 entry per adult and kids under 18 free. Contact 0274896093 for more info.

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Pets in the Valley 

The last day of January 2024 was the end of an era for the Otamatea District - not that many will have noticed. The Vet Centre - which started life as the Otamatea Veterinary Club, has sold into private ownership. It will still be trading as The Vet Centre so the signs, uniforms and cars will still be the same - even the phone will still be answered as The Vet Centre. So what is the difference? For most people there will be no change. For the farmers who worked on the committee of the Club life will be a lot easier.

Running a multi-branched large veterinary practice that employs a lot of people and struggles to get sufficient vets is no easy task. Now that role passes to the new business partners who will be taking the Clinics into the future.

Vet Clubs were formed at the beginning of the 20th Century as a way to get vets into rural areas, to help solve the animal health issues, as more intensive farming was being established in New Zealand. There are a lot fewer Vet Clubs around nowadays, and large Corporate entities are on the rise. Potentially there will be some advantages to having a privately owned clinic, because partners are personally driven to offer the best services possible for clients, and hopefully retention of vets in the area will improve. It's nice for both the Vets and the clients to know each other well.



Enjoy the summer and make sure you don't shut the cat in the car by accident in this hot weather!

Janine

Corn Ribs: Just like spare ribs, only corny!

Quartered pieces of corn on the cob that are either baked, deep-fried or air-fried. Fun to make and even more fun to eat!

Serves 2

Ingredients

- 2 sweetcorn cobs
- 1 tsp cumin
- 1 tsp smoked paprika
- 1 tsp garlic salt
- Olive oil

For the dipping sauce

- 2 tbsp Mayonnaise
- 1 tbsp ketchup or chutney
- Zest and juice of 1 lime
- 1 tsp garlic salt

Method

1. Peel and discard the husks from the corn, and any fibres underneath. With a sharp knife, cut off the bottom 1cm or so, so that you have a flat base.
2. Sit the corn on the flat base, then cut it in half, cutting down the length of the corn. It will be quite tough- be careful!
3. Lay the two halves down, then cut them into about three ribs, again, cutting lengthways, and keeping some of the middle intact. Each rib should be about three-four kernels wide.
4. Make your marinade by mixing oil with the cumin, smoked paprika and garlic salt.
5. Thoroughly coat the ribs, the more marinade the better! Bake at 190 C until curled and crispy, roughly 25 mins.
6. While they are in the oven, make your dipping sauce by mixing all ingredients.
7. Top ribs with lime juice, coriander, and fresh chives or spring onions.

You can also crumble some feta cheese over them - or whatever you fancy!

Enjoy them straightaway while they are nice and hot.

They can also be cooked in an air fryer or on a barbeque.





White Rock Gallery

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Mountain mice

Yellow-rumped leaf-eared mice take the record for the highest living mammals!

They have been found living on the Andean volcano Lulllaillaco at 6739 m- the world's second highest volcano - one of the most inhospitable places on earth, with temperatures going down to minus 51degrees C, and oxygen levels only 50% of normal. No plants grow here- it is on the edge of the Atacama Desert with Mars-like red earth - so what do they eat?

It is thought they eat lichen and algae plus wind-blown debris.

They keep warm by using non-shivering thermogenesis within stored brown fat (this got too complex to explain).

Tough little animals.

Strangely, this place is also the site of a tomb for 3 children - 2 girls and one boy buried underground - well away from mice.

Stella



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4316847**WHAT'S ON - JANUARY 2024****The Kauri Museum** - open 7 days, 9am-5pm**White Rock Gallery** - 5 Church Rd Matakoho (Kauri Museum) Open 7 days 10 - 4**Paparoa Golf Club Twilight Golf** - Fridays 4-6pm. Golf Course Rd,
Maungaturoto (off Golden Stairs Rd). Enquiries to 022 678 1474.**Grow Whakatipu Paparoa** - Passata Day. Sat Feb 10. See p10 for details.**Tokafest** - Sat Feb 17, noon - midnight, Tokatoka Tavern, \$20. See p16 for details.**Pride Dance Party** - Sat Feb 17, 7pm - midnight, Sports Pavillion. See p16 for details.**Cacao & Yin Yoga** - Sat Feb 24, 1.30 - 4.30pm. \$80. See p6 for more info.**OUT & ABOUT AROUND TOWN****Paparoa's Farmers Market** happens every Saturday morning, 9am- 12 at the Village Green. Fresh fruit & veges, sweet treats, plants, olive oil, fish, preserves, live music and so much more. A great place to catch up with friends or make new ones.**Artisan Market** - Quarterly. Paparoa Memorial Hall 10am-2pm. Next market Sunday March 3rd. Email artisanmarket.paparoa@gmail.com or ph Steph 027 452 7124 or Ruth 021 433 969.**Grow Whakatipu Paparoa** Drop in for a chat, hands on experience, or a cuppa. Every Thursday & Friday 10am- 1pm.**Roger Price 09 431 4590****Mechanical Services****Lifestyle Autos****Mobile Mechanic****4 Hook Rd**
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10.30 - 12.30 at Paparoa
Community Church, 4 Hook Road.**Mainly Music**
starts back up for 2024 on Wed,
7th Feb, 9.30am at Paparoa
Community Church, 4 Hook Road.

REGULAR EVENTS, MEETINGS AND ORGANISATIONS

- Anglican Church St Marks** Hook Road, ph 431 8193 or 431 6224 for services info
- Ararua Church** 10.30am every Sunday. All welcome Ph 431 6622
- Art Studio, Ruawai** Wed 10-12noon ph Frances 439 2554
- Badminton** Thursdays 7pm Paparoa Hall \$2 students, \$3 adults, Pete 021 056 7163
- Farmers' Market** Every Saturday 9-Noon, Village Green, Linda 021 362468
- Grey Power** Last Wed in month, 1pm, Anglican Church Hall, Maungaturoto
- Grow Paparoa** Thur/Fri/Sun 10am to 2pm at the Community Gardens
- Holy Trinity Anglican Church**, Maungaturoto, All welcome. Ph 431 8193 for services information.
- Kaipara Marching Team** Weds 4-5.30pm, M'gto, Ph Lyn Hutchings 022 070 8674
- Line Dancing** Thurs 10am-noon Paparoa Hall Ph Jackie Cornes 027 368 7298
- Paparoa Mah Jong Group** 1st & 3rd Tues, Paparoa Hall 1.30-4pm, Sara 021 0774947
- Mainly Music** Wed 9.30am Paparoa Comm Church, Lynaire Porteous 431 7520
- Matakohe Garden Circle** 1st Weds each month, 1pm, J Mackinnon 431 6689.
- Maungaturoto Opportunity Shop** Open Mon 10-1pm Wed 10-3pm Fri 10-3pm
- Maungaturoto and Districts Rotary Club** Maungaturoto Centennial Hall, Tuesday evenings 6pm, Ph Stella 021 149 0877
- Otamatea Quilters** 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262
- Outdoor Bowls** Maungaturoto Green Ph Tony 431 6026 or Brian 431 6884
- Pahi Hall** available for hire Ph Tina 0210335128
- Paparoa Community Church** Sundays 10.30am, 4 Hook Road, 431 6795 or Dave Porteous 0274 180 676
- Paparoa Box Fit** Every Wednesday 6-7pm, Stretching/Cardio/Boxing \$10, Paparoa Hall, Stacey Watson 09 283 9931
- Paparoa Dance to Music** Every Tuesday 10:30-11:30, Stretching/Balance/Resistance/Bands/Zumba, \$5, Paparoa Hall, Stacey Watson 09 283 9931
- Paparoa Garden Circle** 2nd Wed of month. Contact Raylee Over 021 2565 893
- Paparoa Hall** Functions venue Ph Robyn 431 7306 or a/h Loraine 431 7290
- Paparoa Library** Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12. Library Manager 09 431 7555 during library hours. Returns Box at Skeltons
- Paparoa Lions** Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion
- Paparoa Playcentre** Tuesday and Thursday 10am-1pm Visitors Welcome Ph Kirstin 431 7373 txt 021 525 425 or Jane 431 6148 paparoa@playcentre.org.nz
- Paparoa Primary School** 2023 Term 1 2024 starts 31st Jan. Ph 431 7379
- Paparoa Toy Library** Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330
- Paparoa Volunteer Rural Fire Force (VRFF)** 1st and 3rd Monday of the month 6.30pm Depot Rd ph Ken Ogilvie 021 129 4042
- Plunket Ready Steady Wriggle** Mon 10am Sports Pav. Tina Ball 021 033 5128
- Selwyn Centre** Thurs 9.45am for over 65's, St Marks, Hook Rd, Ph Sue 431 6224
- Sports Pavilion** Functions Venue Bookings ph Jane Bailey 431 6148
- St Mary's Catholic Church** Maungaturoto 10am Wed, 4pm Saturday
- Table Tennis** Tues 7.30pm, Sports Pavilion \$2 Pete 021 056 7163
- Tennis** Tues Junior from 4pm, Adult 5.30pm, Ph Sue 431-6224, Pete 0210567163
- Yoga For Everyone** Tuesday and Friday mornings 9.30am Paparoa Sports Pavilion. Ph 027 294 4855
- Yoga/Pilates** Wed 10am adults (incl childcare) \$10, 11.30am little ones story yoga, \$5, or \$12 for both, Thurs 6.30pm \$10, Paparoa Sports Pavilion.

PLEASE UPDATE US WITH YOUR DETAILS: press@paparoa.org.nz



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LOCAL TIDES for February 2024

TIDES - CALCULATED for PAHI-WHAKAPIRAU

DATE	LOW	HIGH	DATE	LOW	HIGH
7th	15.50	9.51	23rd	17.41	11.49
8th	16.45	10.48	24th	18.16	12.22
9th	17.35	11.37	25th	18.48	12.53
10th	18.23	12.24	26th	19.19	13.22
11th	19.09	13.09	27th	7.28	13.52
12th	7.26	13.54	28th	7.57	14.21
13th	8.10	14.39	29th	8.28	14.52
14th	8.56	15.25	MAR		
15th	9.44	16.14	1st	9.01	15.26
16th	10.37	17.06	2nd	9.40	16.06
17th	11.38	18.06	3rd	10.28	16.57
18th	12.51	19.17	4th	11.34	18.03
19th	14.12	8.12	5th	12.57	19.24
20th	15.23	9.30	6th	14.20	8.15
21st	16.18	10.28	7th	15.29	9.29
22nd	17.03	11.12	8th	16.25	10.26

Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

COAST TO COAST HEALTH CARE

Maungaturoto Medical Centre: 8am-5pm Mon-Fri 09 431 8576
 Paparoa Clinic: Open Tues and Thurs 8am-5pm..... 09 431 7222
 For urgent after hours medical service (Wellsford)..... 09 423 8086

DISTRICT NURSE Dargaville Hospital 09 439 3330
 Healthline - 24 hour service..... 0800 611 116

HOSPICE KAIPARA Dargaville Hospital 09 439 3330

KAIPARA DISTRICT COUNCIL Helpline 0800 727 059
 Mangawhai Office..... 0800 100 388

KAIPARA PHYSIOTHERAPY Lyndsay Bargh/Lynne Rhodes...09 4391656

LINKING HANDS Health Shuttle Service, Maungaturoto.09 431 8969

LIONS CLUB PAPAROA President Jim Rowlands..... 09 431 7290

MAUNGATUROTO PHARMACY 09 431 8045

MAUNGATUROTO REST HOME 09 431 8696

OTAMATEA COMMUNITY SERVICES Community House 09 431 9080

PAPAROA LIBRARY Free Membership. ContactJas 022 678 1474
 Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12

PAPAROA PLAYCENTRE paparoa@playcentre.org.nz

PAPAROA PLUNKET .Plunket Nurse Louise 027 2823987 or 09 438 2508

PLUNKET Helpline 0800 933 922

PAPAROA PRIMARY SCHOOL 09 431 7379

PROGRESSIVE PAPAROA INC (PPI)Graham Taylor.... 027 475 4490

PARENT PORT Inc. free help for families Linda 09 425 9357

Savage: a little bird goes a long way

Back on November 17 Toni Harris of Taipuha had her Corella parrot, Savage, fly the coop. She put the word out on local Facebook pages but there were no sightings.

Savage had never been free in the wild before and, being a domesticated and easy to see bird, it was feared that he wouldn't be able to fend for himself or escape predators.

Then, on the evening of January 9 Tina De Suza of Tinopai posted this on the Tinopai page, "Hi! Has anyone lost a corella parrot? There is one hanging around here, def friendly ish, will land on you but then will have a chomp!"

Eagle-eyed postie Belinda Lydiard remembered Toni's posts from November and tried to make contact. Your editor (also from Taipuha) also contacted Toni and, sure enough, it was Savage.

So at 10pm Toni jumped in her ute and made the 50km journey out to be reunited with Savage. After much calling, he suddenly appeared out of the pine trees (being hotly pursued by a Ruru!), and landed right in front of Toni.

After seven weeks of freedom Savage was back home doing his

happy dance. If only he could tell us all of his adventures - he'd have quite the tale to tell!



Calling Gardeners

You may have noticed we haven't had a gardening column for a few months. This is because, after many years of tireless service, our previous gardener has retired from the position. If you're a gardener and would like to step into some very well worn gumboots please contact me at: press@paparoa.org.nz

Margie



PAPAROA PRESS NEEDS YOU!

Things happen in our little village (and surrounds) but we often don't hear about them until months later... or not at all...

If you have a story, event, obituary, or news item you think the community should, or would like to hear about - then please, please, send it to us.

We can't be everywhere and know that there are many goings-on that simply pass us by.

Email press@paparoa.org.nz by the 20th of the previous month.

If you would like to make a regular contribution we'd also love to hear from you.



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